

**SCRIPPS RANCH
HIGH SCHOOL**



**SOPHOMORE
REVIEW
2020-2021**

Dear Sophomores,

Please plan on attending the **Sophomore Parent/Student Presentation in February**. Your packet may be used as a reference during the presentation.

Make this year count! Remember, many colleges use your GPA from sophomore and junior year to determine your college GPA for admission. *Note: Grades from 1st semester (fall) will impact your class choices during articulation! Do your best, always!!!*

Have a great year!!!!



Your SRHS Counselors

Contents

- ❖ **Student and Parent Supports for Success**
- ❖ **SRHS 4-Year Plan (sample)**
- ❖ **News You Can Use**
- ❖ **College Entrance Exams**
- ❖ **Sophomore Year College Planning Checklist**
- ❖ **Helpful Websites**

Scripps Ranch High School

Student and Parent

Supports for Success “Action Plan”

Parent Action Plan

1. Ask your student about school.
2. Check student planner to ensure your child is writing all assignments daily. *Planners may be purchased in the Financial Office for \$10 ***Free for Freshman!
3. Have a specific study time scheduled for homework completion and studying.
4. Review your student’s homework daily (until you see that HW completion is a habit).
5. Contact your student’s teachers if you have concerns.
6. Inquire about tutoring with the teacher. Schedule a meeting with them if needed.
7. **Have your student attend Peer Tutoring Monday – Friday from 1:00-2:00 p.m.** <https://bit.ly/srhstutoring>
8. Log on to PowerSchool weekly so you can check attendance, classwork/homework completion, test scores, etc.
9. Look at the SRHS website (scrippsranch.sandiegounified.org) for parent/student information.
10. Look at the SRHS Counseling website (srhscounseling.com) for counseling news.
11. Read the Principal’s weekly message (sent via email every Friday) Contact Grace Parra in attendance gparra@sandi.net if you are not receiving.
12. Encourage your student’s involvement in school activities.

Counselor

Mrs. Morrill (A-Dia)
Mrs. Estrada (Dib-Ja)
Ms. McDonald (Jb-More)
Mrs. Hatfield (Morf-Sel)
Mr. Johnson (Sem-Z)

Email address

jmorrill@sandi.net
jestrada1@sandi.net
lmcdonald@sandi.net
shatfield@sandi.net
mjohnson6@sandi.net

Student Success Plan

1. Write down daily assignments in planner. *If no homework, write what you are working on in class so you can review/study at home!
2. **Spend a minimum of 20 minutes studying/reviewing/practicing for each academic class per night!**
3. Complete all class and home assignments on time and to the best of your ability.
4. Ask for help when you do not understand something! Seek your teacher’s assistance and see when there are tutoring opportunities.
5. Attend Peer Tutoring Monday –Friday from 1:00 – 2:00 p.m., Sign-Up at <https://bit.ly/srhstutoring>
6. Get the name and number from one student in each class who you can contact when needed.
7. When absent from school, contact a classmate to find out what was missed during your absence. You may also look at the teacher’s website for information or you may email your teacher.
8. **Upon return from absence, see your teachers for missing assignments. Get clear due dates from each teacher!**
9. Check grades in PowerSchool **at least once a week**. See teacher immediately if any discrepancies in grades.
10. Practice good **Study Habits** and **Organizational Skills!** These are two key factors in student success!
11. See your counselor for support.

Scripps Ranch High School

4-Year Plan (Sample)

9th Grade

- (A) No History
- (B) English or Eng. Cluster, Eng. Seminar
- (C) Math
- (D) Physics, or Adv. Physics
- (E) LOTE or (F or G) Elective
- PE, PE Dance, AFJROTC or Marching Band
- Elective

10th Grade

- (A) W. Hist., Adv. W. Hist. or AP Euro
- (B) Eng. 3-4, Adv. Eng. 3-4, Seminar Eng. 3-4
- (C) Math
- (D) Biology, Adv.Bio., or AP Bio.
- (E) LOTE or (F or G) Elective
- PE/Dance, AFJROTC or March. Band

11th Grade

- (A) US History, Honors US History, APUSH
- (B) Am. Lit., Hon Am. Lit., AP Eng. Lang.
- (C) Math
- (D) Chemistry, Honors Chem. or AP Chem.
- Elective
- Elective

12th Grade

- (A) Gov./Econ., AP Gov./Econ. or Poli. Sci.
- (B) Cont.Voices, Eng. Lit., AP Eng. Lit., Eng. 101
- (C) Math (recommended)
- Elective
- Elective
- Elective

- *3+ years of LOTE recommended for UC*
- *4th year of Science may be taken in the senior year*

For course offerings, descriptions and prerequisites, please see the Course Catalog.

Graduation Requirements/ UC a-g Requirements

- ✓ Area A – 3 years of Social Science (10th, 11th, 12th)
 - ✓ Area B – 4 years of English
 - ✓ Area C – 3 years of Math (Minimum requirement: IM I, IM II, IM III)
 - ✓ Area D – 3 years of Science (Physics, Biology, Chemistry)
 - ✓ Area E – 2 years of Language Other than English (LOTE)
 - ✓ Area F – 1 year of Visual or Performing Arts (VAPA)
 - ✓ Area G – 1 year of College Preparatory Elective
 - ✓ 2 years of Physical Education
 - ✓ Earn a minimum of a cumulative 2.0 GPA(grades 9-12)
 - ✓ 44 Total credits
-

News You Can Use!

Graduation from SRHS

Use the unofficial transcript you received at Kick-Off to confirm you are on-track for graduation. (If you have less than 11 credits as of 10/2020 or a GPA less than 2.0 in grades 9-12, you need to schedule a meeting with your counselor!)

Importance of Sophomore Year

- Remember that grades, attendance and other factors determine your class placement for your junior year!
- GPA will be calculated from 10th and 11th to determine GPA for most college applications, however your freshman year grades still count!!!
- **NO "D" grades allowed in any core subject area for 4-year college entry! D grades MUST be made up!**
- Explore Naviance! Directions for how to log on can be found on the [Counseling website](#).
Logging On: Log-in to Naviance via the Clever Portal:<https://clever.com/in/sdusd>
 - a. Go to the About Me tab, then to My Assessments.
 - b. Begin exploring Careers and Colleges
- Explore California Colleges at californiacolleges.edu. Go to the College, Career and Financial Aid tabs to utilize

Get Involved!

On some college applications (Common App, UC, Out-of-State or Private colleges), you will describe your involvement in your extracurricular activities.

- Extracurricular Activities (Music, Sports, AFJROTC, Clubs, Scouting, Church/Synagogue etc.)
- Leadership
- Community Service
- Job Shadows

School Visits

- Take advantage of breaks to visit colleges (*due to COVID 19 some colleges may not allowing in-person tours, see if those schools offer virtual tours*)
- Call to schedule tours
- Register for collegeweeklive.com (virtual tours)
- Use Naviance for college searches
- Explore college websites
- Attend College Fairs and Presentations: see the [College Fairs & Presentations Calendar](#) on the Counseling website

Community Service

- Community Service is not a requirement for graduation, but is highly recommended!
 - Not sure what to do? Find something you are passionate about where you want to make a difference.
 - Consider the questions from Butterfly Effect: What lights you up? What breaks your heart? **Where would you like to make a difference by offering your time and/or your talent?** Answering these questions may guide you in the direction for your community service.
 - Community Service is a voluntary, unpaid service performed to benefit the public.
 - Community Service hours can be important for college admissions and scholarships.
 - Community Service hours should be completed in high school, prior to applying to college.
 - Log hours and important information about each community service activity in the resume section on Naviance.
 - Students keep their own documentation for Community Service.
-

College Entry: College Entrance Exams and Test Prep

SAT/ACT

Due to COVID 19 Restrictions, please go to college websites to verify college entrance exam requirements

- **To be taken for CSU, UC, Out-of-State and Private Schools**
- **NOT** required for Community College
- **Mock SAT/ACT is a great way to begin your prep** – Mock SAT/ACT offered by Revolution Prep.
- For Mock exams, you may register Sign up at <https://www.revolutionprep.com/partners/130/>
- If you have questions you may email joe.twohig@revolutionprep.com or you may call Joe Twohig at 619.550.4193
- For SAT, register at College Board (**collegeboard.com**).
- For ACT, register at **act.org**
- SAT vs. ACT (which is best for you?) –Taking “Mock Exams” is one way to determine which test you prefer.
- Subject Tests are NOT required for UC schools. STILL check the school/major and see if recommended! Some private schools require SAT Subject Tests.
- **When to take the SAT or ACT? It is recommended to take the test in the Spring of the Junior year. Look at your schedule to determine the best time for you.**
- **Here are some Resources for prepping for SAT/ACT**
 - a. Khan Academy (free SAT prep) khanacademy.org
 - b. Ineedapencil.com (free on-line program)
 - c. College Board
 - d. ACT.org
 - e. The College Board Test Prep Book at Barnes and Noble
 - f. Revolution Prep, Ivy Insiders, USD, Princeton Review, Kaplan, UCSD, Tutoring Club, Hamilton

Why should I take practice test? Taking full-length practice tests under timed conditions is essential to being ready when your official test date comes.

Practice tests:

- Give you real-time snapshots of your testing performance. Testing performance can change over time, so it’s important to make test preparation decisions on the basis of fresh information.
- Help you build testing endurance. The SAT and ACT are almost 4 hours long, so it’s important to practice staying alert and focused for extended periods of time.
- Provide the best way to choose between the SAT and ACT. Even if you have taken the PSAT and ACT Aspire, you’ll want to take full-length SAT and ACT practice tests before selecting your testing path.

“Destiny is a matter of CHOICE not CHANCE...”

Sophomore Year College Planning Checklist

- ✓ Take (appropriate) challenging courses.
- ✓ Plan to take the PSAT/NMSQT test in your junior year. It is the key to some scholarships.
- ✓ In the spring, summer or next fall, take Mock SAT and ACT exams to see which test you prefer.
- ✓ Use Naviance and other websites and start exploring colleges.
- ✓ Start attending [College Fairs](#) in your area and at SRHS! (This can be done virtually at this time.)
- ✓ Get involved in extracurricular activities.
- ✓ Volunteer in your community.
- ✓ Explore careers and job opportunities in those areas.
- ✓ Study hard and do well in school – Remember, your grades will count towards college and will show up on your permanent record (transcript).
- ✓ Start to attend events on college campuses (plays, concerts, sporting events, activities related to your major, etc., - when it is safe)
- ✓ Discuss your future dreams with your counselor.
- ✓ Start planning extracurricular activities to be involved in next year.
- ✓ Update your record of activities and/or community service projects, including recent accomplishments and awards on your resume in Naviance.
- ✓ Take part in summer enrichment programs and special workshops that focus on a particular subject you are interested in, such as science or math.
- ✓ Read, read, read. Work on your writing skills.
- ✓ Learn about current affairs. Keep on top of world news.

Helpful Websites

act.org – Sign up for ACT and send scores. Resource for college.

collegeboard.org – Sign up for SAT and send scores. Also a resource for college, PSAT, AP and SAT.

collegeweeklive.com – Virtual tours and live chats with current students and admissions officers. Offers webinars about the application process and financial aid.

californiacolleges.com – Source for college and career planning in CA.

collegedata.com – On-line college advisor

fafsa.ed.gov – Free application for federal student aid

fastweb.com – Fastweb hosts more than 1.5 million scholarships that provide more than \$3.4 billion in funding. Once you create a profile, the site's search feature will help you find the most accurate matches that fit your needs.

scholarships.com – Scholarships.com hosts one of the largest scholarship databases out there and it's updated on a daily basis.

calstate.edu/apply – Learn about and apply to the California State University.

universityofcalifornia.edu - Learn about and apply to the University of California.

ncaa.org – Must sign-up if planning on playing Division I, II, III sports in college.

wiche.edu/wue – Find colleges and majors out-of-state that offer reduced tuition costs.

instateangels.com – Learn how to get in-state tuition (out of state)

edvisors.com – Education tax benefits.

money4college.org (**hefargroup**) – Higher education financial aid resources.

cappex.com – Search and compare colleges, get admission information and apply for scholarships.

sdccd.edu – The San Diego Community College District (Miramar, Mesa, City). Search "Promise" to learn about how to go to college for free!

goingmerry.com – Similar to the Common App platform, but used for Scholarships. Matches students.